Wife Spills Story Of Helpful Hubby

GUNARD, Isle of Wight (UPI) — A wife, obviously harassed by a do-it-yourself husband, wrote this letter to the Daily Mirror.

"Had a dripping tap in the bathroom. My husband volunteered to fit a new washer and broke the tap. While removing the tap he broke the wash-basin.

"He bought a new tap and basin, but, alas, the new basin was wider than the old one so he had to widen the brackets on the wall.

"But that was not all. He then found the wash pipe was a size too small so the new fitting had to be adapted. After the wall has been redecorated we hope to be able to use the bathroom again.

"Simple job, fitting a washer!"

The writer thought it better not to disclose her name.

BOWEL GAS HURTS SIDE & STOMACH

Spastic Colitis (functional irritation of the colon or large intestine), is causing thousands to suffer from dull aches or burning pains in the side, Gas, Heartburn, Biliousness, Nervousness, Bad Breath, Dizziness, Burning of Stomach, Loss of Sleep and Pep. If you suffer from Spastic Colitis, ordinary stomach medicine won't help much. You really need KOLADE POWDERS which work three ways to relax tense intestine muscles, soothe sore mucus membranes and check acidity. It is not a laxative but works to help nature. Don't suffer another day without trying KOLADE POWDERS. Satisfaction or money back. At all drug stores.

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Discussing the preparation of formula and care of the baby are Mrs. Joseph Ferguson, Saanich public health nurse Mrs. Eve Walker, instructor, and Mrs. Terry Guest.—(Colonist photo)

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Tibetan Guerrillas

Women Battle Reds

BOMBAY (WNS) — The existence of a guerrilla band of 300 women harassing Chinese Communists in southern Tibet has been disclosed by a refugee arriving in India.

The band is headed by a 46-year-old widow known as Mme. Rihpiedorje. Most of the women are from the fierce, freedom-loving Khamba warrior clan, but some town-bred women and a dozen nuns have joined them.

The force began with 15 women, organized last August.

It is reported to have fought three major battles and scores of minor engagements with Red Chinese troops around Lhasa. On Dec. 14 the guerrillas lost 25 fighters in a hand-to-hand battle in a 22,000-foot-high pass 87 miles south of Lhasa. They slew 20 Chinese in the nine-hour struggle.

Mme. Rihpiedorje's horse-riding warriors are under the nominal command of the Khamba forces, but she is said to have shown considerable independence.

Her husband was killed in the abortive revolt in Lhasa in 1956. She has a son 13 and a daughter nine.

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Parentcraft Classes Teach Fathers, Too

By ANNE SMELLIE

Unlike our Victorian era grandparents who thought the mere mention of pregnancy strictly taboo, this act of fulfillment in a woman's life is now out from under its stuffy wrappings.

Gone is the ignorance of what to do when labor pains begin or, after, how to handle a tiny package of squalling humanity.

No longer do men have to pace the waiting-room floor, not knowing what's going on in the case room.

To prepare both parents physically, mentally and emotionally for the baby's arrival, the Victorian Order of Nurses, Cook Street, has been holding parentcraft classes two afternoons and two evenings a week for the past five years.

Their capacity attendance is drawn from a large cross-section of the city and its outskirts.

Fathers have been encouraged to attend the discussions and so far (with some reservation at first) the plan has been a complete success.

The VON is in charge with the city and the Saanich health departments contributing.

To enroll, a woman must be four months pregnant, with written permission from her doctor as to her health, diet and needed exercise.

The course lasts for two months and as the VON representative puts it, "We like our mothers to finish the course."

In the VON's course, couples join in discussions on the growth and development of the baby, and hear lectures on proper nutrition.

The most important topic dealt with is the pregnancy itself, it's effects on the mother's mental and physical condition and her attitude toward the rest of the family.

Fathers come to realize the changes during this time with their wives and can learn to be more patient and tolerant, and the expectant mothers are able to recognize the symptoms of their edginess.

What to take to the hospital in the way of simple requirements, and how to bathe and change the baby are discussed, as well as feeding either by bottle or breast.

Highlight is "graduation day," when both parents tour one of the hospitals' maternity wards.

The sum total, is to establish a better basis for family security.

Coffee Party At Langford

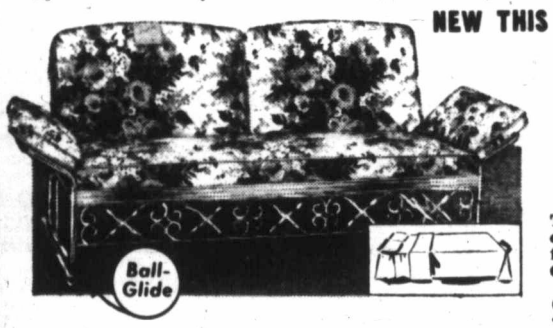
The WA to the Langford Fireman's Association will hold a coffee party and cooking stall in the firehall on May 6 from 10 a.m. to noon. Each member has been asked to bring to the event one stainless steel spoon as a donation for the new kitchen. Also 50 coffee mugs will be purchased.

Next meeting of the WA is Tuesday, May 5 at 8 p.m. for the election of officers and annual reports.

NEW! EXCITING! COMFORTABLE!

GARDEN FURNITURE

The Home Furniture this year has received the largest stock of really beautiful garden furniture . . . comfy chaise lounges, chairs, etc.



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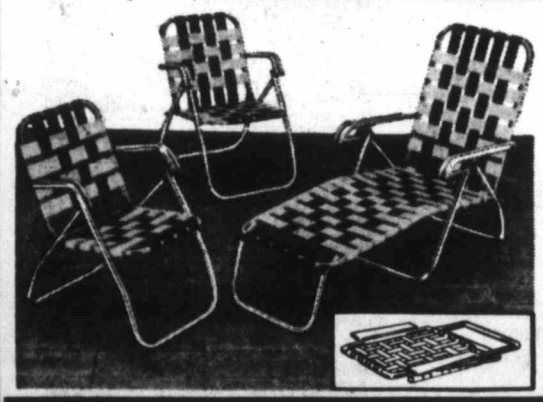

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